

NORTHUMBERLAND SCHOOLS' ATHLETIC ASSOCIATION

Established 1949

GIRLS BEST PERFORMANCES

EVENT	JUNIOR			INTERMEDIATE			SENIOR		
100m	Melissa Anderson	12.27w	1996	Titi Ameobi	12.07w	2001	Kimberley Walton	12.1	1984
200m	Joy Eze	24.76	2018	Jenny Graham	25.51	2004	Titi Ameobi	24.56	2003
300m	-			Heather Macdonald	40.9	2018	-		
400m	-			-			Nisha Desai	57.3	2002
800m	Ava Taperell	2:13.1#	2017	Stacey Smith	2:08.52	2006	Stacey Smith	2:07.9	2008
1500m	Nichola Coates	4:37.7	1995	Laura Weightman	4:26.02	2007	Laura Weightman	4:24.96	2009
Steeplechase	-			Alannah Browne	6:07.70	2016			
3000m	-			Amanda Tremble	9:50.42	1993	Mary Ferrier	10:04.88	2006
Hurdles	Kate Forsyth	11.06	1993	Rebecca Liddell	11.36w	2008	Kate Forsyth	13.94	1997
				Kate Forsyth	11.4w	1994			
300m Hurdles	-			Clare Bushby	45.49	1992	-		
400m Hurdles	-			-			Claire Brason	61.6	2001
High Jump	Andrea Laws	1.64m	1984	Jane Truman	1.73m	1982	Nicola Baker	1.72m	1982
Pole Vault	Izzy Potier-Godinho	2.75m	2016	Sally Scott	3.55m	2007			
Long Jump	Michelle Margison	5.54m	1991	Angela Wallace	5.60m	1979	Carol Pears	5.69m	1975
Triple Jump	-			Emma Pringle	11.59m	2008	Emma Pringle	12.27m	2010
Javelin	Bobbie Griffiths	35.62m	2015	Bobbie Griffiths	43.62m	2017	Bobbie Griffiths	38.46m	2018
Discus	Dawn Watson	30.17m	1981	Claire Moore	36.81m	1998	Lianne Tucker	42.26m	2005
Shot	Lindsay Hall	10.46m^	1988	Charlotte Pickering- Pruvot	12.08m	2016	Emma Pringle	10.92m	2010
Hammer	Jessica Gardiner	35.94	2018	Bobbie Griffiths	39.84m	2017	Shirley Webb	47.33m	2000

* 1986 Trial Meeting

CBP Set at Minor Championships

= Equals Record

^ Heavier Weight Thrown

RED = CBP

GOLD = ESAA MEDAL

SILVER = ESAA MEDAL

BRONZE = ESAA MEDAL

INTER COUNTIES

UKSG

ESAA

SIAB

BOYS BEST PERFORMANCES

EVENT	JUNIOR			INTERMEDIATE			SENIOR		
100m	Jason Urron	11.4	1986*	David Riley	10.9	2001	Liam Collins	10.8	1997
				Jason Urron	10.9	1988	Jason Urron	10.8	1989
200m	James Sinclair	22.99	2002	David Riley	21.67	2001	Cameron Tindle	21.41	2015
300m	Shaun O'Hara	37.20	2014	-			-		
400m	Adam Rowland	52.24	2006	Joe Robertshaw	48.88	2012	Kieran Flannery	49.1	2005
800m	Ketan Desai	2:00.00	1997	Ross Murray	1:56.08	2007	Terry West	1:49.6	1988
1500m	Max Pearson	4:06.50	2014	Ross Murray	3:55.70	2007	John Lucas	3:50.6	1984
Steeplechase	-			Paul Dickie	4:21.99	1991	Steve O'Gara	5:54.7	1989
3000m	-			David Miles	8:31.8	1982	Sean Cundy	8:19.0	1985
Hurdles	Liam Collins	11.29w	1993	Ben Warmington	12.90w	1995	Jason Nicholson	13.78	2017
400m Hurdles	-			Niall S Flannery	52.57	2007	Niall S Flannery	51.98	2009
High Jump	M. Lisle	1.79m	1976	Brian Thompson	2.00m	1991	Richard Laws	2.07m	1994
Pole Vault	Peter Eyre	3.55m	1989	Tim Parkin	4.40m	2008	Andrew Wake	4.50m	1988
Long Jump	David Conway	6.54m	1978	John Bell	6.72m	1990	Andrew Thornton	7.10m	1996
Triple Jump	William Armstrong	12.88m	1974	William Armstrong	13.62m	1975	Scott Hall	14.56m	2012
Javelin	Terry Morgan	48.40m	2009	Jason Oakes	60.20m	1994	Jason Oakes	55.63m	1995
Discus	Ruaridh Lang	42.52m	2015	Ruaridh Lang	48.21m	2017	Jack Smith	44.71m	2013
Shot	D. Craig	15.03m	1975	Andrew Knight	16.87m	2018	William Curley	14.11m^	1971
Hammer	Stephen Watson	49.73m	1973	Phil Scott	58.70m	1972	Phil Scott	56.54m^	1973

* 1986 Trial Meeting

= Equals Record

^ Heavier Weight Thrown

RED = CBP

GOLD = ESAA MEDAL

SILVER = ESAA MEDAL

BRONZE = ESAA MEDAL

INTER COUNTIES

UKSG

ESAA

SIAB

