

Northumberland Schools' Athletic Association

Primary & Year 7 Cross Country 2024 – Tuesday 8 October

Temple Memorial Park, South Shields – 1.00pm to 3.00pm
(Year 7 Races from 12.30pm)



Team Manager / Teacher – INFO

- 1 On arrival your coach/mini-bus can park up free of charge in the car park.
- 2 **DO NOT USE THE MAIN ENTRANCE INTO THE SPORTS HALL PLEASE**
Team Managers must access the Sports Hall by the side entrance, on the right, where they must report their arrival to Registration and can submit any name changes.
NB-TOILETS ARE ONLY AVAILABLE VIA THIS ACCESS (not the main entrance)
- 3 You are permitted **6 RUNNERS MAXIMUM IN YOUR TEAM**
Any name changes should be handed in at the Registration Desk in the Sports Hall
GUEST RUNNERS ARE PERMITTED AND MUST COLLECT THEIR NUMBERS FROM REGISTRATION
- 4 Next, direct your team(s) onto the field beyond the leisure centre and set up a base in a convenient space, not too close to the Finish Area. Please keep it tidy.
- 5 **Number bibs – please alter the template supplied to print your numbers out.**
VERY IMPORTANT - ALL RUNNERS MUST USE THEIR ALLOCATED NUMBER ONLY
- 6 RUNNERS' NUMBERS must be fastened **ON THE FRONT ONLY, using 4 pins**
- 7 Keep an eye on events and have your runners ready for their Start.
- 8 Team Managers / teachers should be readily available to assist any distressed runners.
- 9 Team Managers / teachers are responsible for their own First Aid.
- 10 The event is hosted by NSAA and supported by UKA officials, and members and associates of the NSAA Executive, and covered by UKA Public Liability insurance.
- 11 **PLEASE KEEP YOUR AREA TIDY.** Bring a bin-liner to pick up any rubbish. **Thank you.**
- 12 **Presentations** – the Top 10 Finishers will be given a certificate and photographed as a group immediately on finishing. Top 3 teams will be emailed certificates to school.

Good luck to all and enjoy the event.

Paul Ponton (Event Organiser) – 07747 791 732 / Kevin Flannery (Race Control) - 07443 453169

Primary Cross Country - <http://www.northumberlandschoolsathletics.co.uk/PrimaryXC.html>