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|  | **Northumberland Schools’ Athletic Association**  **Cross Country Championships – Tuesday 16 January 2024**  **Temple Park Centre, South Shields. NE34 8QN** |  |
|  | | **12:00 Minor Boys 2600m**  **1 Large Lap**  Start - A-B-C-D-E-F-G-H -Finish  **12:10 Senior Boys 6300m**  **Small Lap + 2 Large Laps**  Start-A-B-C-D-E-A-B-C-D-E-F-G-H  -A-B-C-D-E-F-G-H-Finish  **12:15 Minor Girls 2600m**  **1 Large Lap**  Start - A-B-C-D-E-F-G-H -Finish  **12:35 Junior Girls 2600m**  **1 Large Lap**  Start - A-B-C-D-E-F-G-H -Finish  **12:50 Junior Boys 4000m**  **1 Small Lap + 1 Large Laps**  Start-A-B-C-D-E-A-B-C-D-E-F-G-H  -Finish  **13:00 Inter & Senior Girls**  **4000m**  **1 Small Lap + 1 Large Laps**  Start-A-B-C-D-E-A-B-C-D-E-F-G-H  -Finish  **13:15 Inter Boys 4900m**  **2 Large Laps**  Start-A-B-C-D-E-F-G-H-A-B-C-D- |