

TRACK EVENT TIMETABLE

No.	Time	Age Group	Event	No.	Time	Age Group	Event
T1	11:00	SB	400 metres Hurdles Final	T33	13:50	JB	1500 metres Final
T2	11:00	IB	400 metres Hurdles Final	T34	13:55	IB	100 metres Hurdles Final
T3	11:00	SG	400 metres Hurdles Final	T35	13:55	JB	80 metres Hurdles Final
T4	11:10	IG	300 metres Hurdles Final	T36	14:00	IG	80 metres Hurdles Final
T5	11:15	SB	3000 metres Final	T37	14:05	JG	75 metres Hurdles Final
T6	11:15	IB	3000 metres Final	T38	14:15	JG	1500 metres Final
T7	11:30	IG	3000 metres Final	T39	14:25	JG	200 metres Heats
T8	11:30	SG	3000 metres Final	T40	14:30	JB	200 metres Heats
T9	11:35	JG	75 metres Hurdles Heats	T41	14:35	IG	200 metres Heats
T10	11:45	IG	80 metres Hurdles Heats	T42	14:40	IB	200 metres Heats
T11	12:05	JB	80 metres Hurdles Heats	T43	14:45	SB	200 metres Final
T12	12:10	SG	100 metres Hurdles Final	T44	14:47	SG	200 metres Final
T13	12:20	IB	100 metres Hurdles Heats	T45	14:50	SG	1500 metres Final
T14	12:25	SB	110 metres Hurdles Final	T46	14:55	SB	1500 metres Final
T15	12:30	JG	800 metres Final	T47	15:00	JG	100 metres Final
T16	12:35	JB	800 metres Final	T48	15:02	JB	100 metres Final
T17	12:40	IG	800 metres Final	T49	15:05	IG	100 metres Final
T18	12:45	SG	800 metres Final	T50	15:07	IB	100 metres Final
T19	12:50	IB	800 metres Final	T51	15:10	IG	1500 metres Final
T20	12:55	SB	800 metres Final	T52	15:20	IB	1500 metres Final
T21	13:00	JG	100 metres Heats	T53	15:25	JG	300 metres Final
T22	13:05	JB	100 metres Heats	T54	15:30	JB	300 metres Final
T23	13:10	IG	100 metres Heats	T55	15:30	IG	300 metres Final
T24	13:15	IB	100 metres Heats	T56	15:40	IB	400 metres Final
T25	13:17	SG	100 metres Final	T57	15:45	JG	200 metres Final
T26	13:20	SB	100 metres Final	T58	15:48	JB	200 metres Final
T27	13:23	JG	300 metres Heats	T59	15:51	IG	200 metres Final
T28	13:26	JB	300 metres Heats	T60	15:55	IB	200 metres Final
T29	13:30	IG	300 metres Heats				
T30	13:35	IB	400 metres Heats	No Steeplechase entries			
T31	13:40	SG	400 metres Final				
T32	13:45	SB	400 metres Final				

Fastest SIX from all heats will qualify for finals.

A heat will be run as a Final if 6 competitors or fewer report to the start.

The FIRST THREE in a Final will be presented immediately with a certificate.

FIRST THREE IN A FINAL MUST ALSO REPORT WITHOUT DELAY TO THE COUNTY TEAM MANAGERS NEXT TO THE TRACK FINISH.