



10:15	START
T1	Inter Boys 80m Hurdles
T2	Junior Girls 75m Hurdles
T3	Inter Boys 1500 metres
T4	Junior Girls 1500 metres
T5	Inter Boys 100 metres
T6	Junior Girls 100 metres
T7	Inter Boys 200 metres
T8	Junior Girls 200 metres
T9	Inter Boys 300 metres
T10	Junior Girls 300 metres (Year 8 only)
T11	Inter Boys 800 metres (first bend in lanes)
T12	Junior Girls 800 metres (first bend in lanes)
T13	Inter Boys Relay
T14	Junior Girls Relay
AFTERNOON SESSION	
T15	Inter Girls 80m Hurdles
T16	Junior Boys 80m Hurdles
T17	Inter Girls 1500 metres
T18	Junior Boys 1500 metres
T19	Inter Girls 100 metres
T20	Junior Boys 100 metres
T21	Inter Girls 200 metres
T22	Junior Boys 200 metres
T23	Inter Girls 300 metres
T24	Junior Boys 300 metres (Year 8 only)
T25	Inter Girls 800 metres (first bend in lanes)
T26	Junior Boys 800 metres (first bend in lanes)
T27	Inter Girls Relay
T28	Junior Boys Relay

NB 14 athletes in Boys and Inter Girls teams. 12 athletes in JG teams.
Heats and lane draws will be sorted at the Start.
ALL TEAMS MUST ENTER A RELAY