

TRACK EVENT TIMETABLE

No.	Time	Age Group	Event	No.	Time	Age Group	Event
T1		Yr13B	400 metres Hurdles Final	T33	13:40	IG	300 metres Heats
T2	11:00	Y11/12B	400 metres Hurdles Final	T34	13:45	IB	400 metres Heats
T3	11:05	Yr13G	400 metres Hurdles Final	T35		SG	400 metres Final
T4	11:05	Y11/12G	400 metres Hurdles Final	T36	13:50	SB	400 metres Final
T5		Yr9/10B	300 metres Hurdles Final	T37	13:53	JB	1500 metres Final
T6	11:15	Yr9/10G	301 metres Hurdles Final	T38	14:03	JG	1500 metres Final
T7	11:30	SB	3000 metres Final	T39	14:13	JG	200 metres Heats
T8	11:30	IB	3000 metres Final	T40	14:21	JB	200 metres Heats
T9	11:30	IG	3000 metres Final	T41	14:29	IG	200 metres Heats
T10	11:30	SG	3000 metres Final	T42	14:37	IB	200 metres Heats
T11	11:40	Yr8G	75 metres Hurdles	T43	14:45	SB	200 metres Final
T12	11:48	Yr8B	80 metres Hurdles	T44		SG	200 metres Final
T13	11:48	Yr9/10G	80 metres Hurdles	T45	14:50	SG	1500 metres Final
T14	11:55	Y11/12G	100 metres Hurdles	T46	14:50	SB	1500 metres Final
T15	11:55	Yr9/10B	100 metres Hurdles	T47	15:00	JG	100 metres Final
T16		Yr13G	100 metres Hurdles	T48	15:03	JB	100 metres Final
T17	12:05	Y11/12B	110 metres Hurdles	T49	15:06	IG	100 metres Final
T18		Y13B	110 metres Hurdles	T50	15:09	IB	100 metres Final
T19	12:15	JG	800 metres Final	T51	15:12	IG	1500 metres Final
T20	12:23	JB	800 metres Final	T52	15:22	IB	1500 metres Final
T21	12:31	IG	800 metres Final	T53	15:32	JG	300 metres Final
T22	12:39	SG	800 metres Final	T54	15:36	JB	300 metres Final
T23	12:47	IB	800 metres Final	T55	15:40	IG	300 metres Final
T24	12:55	SB	800 metres Final	T56	15:44	IB	400 metres Final
T25	13:03	JG	100 metres Heats	T57	15:48	JG	200 metres Final
T26	13:09	JB	100 metres Heats	T58	15:52	JB	200 metres Final
T27	13:15	IG	100 metres Heats	T59	15:56	IG	200 metres Final
T28	13:21	IB	100 metres Heats	T60	16:00	IB	200 metres Final
T29		SG	100 metres Final	T61	16:10	SB	2000m S/C Final
T30	13:27	SB	100 metres Final	T62	16:20	IB	1500m S/C Final
T31	13:30	JG	300 metres Heats	T63	16:30	SG	1500m S/C Final
T32	13:35	JB	300 metres Heats	T64	16:30	IG	1500m S/C Final

Fastest SIX from all heats will qualify for finals.

A heat will be run as a Final if 6 competitors or fewer report to the start.

The FIRST THREE in a Final will be presented immediately with a certificate.

FIRST THREE IN A FINAL MUST ALSO REPORT WITHOUT DELAY TO THE COUNTY TEAM MANAGERS NEXT TO THE TRACK FINISH.