

TIMETABLE - 2024

TRACK				
no	time	age	event	hts
T1	10.00	Yr 6 Girls	60m Hurdles	hts
T2	10.10	Yr 6 Boys	60m Hurdles	hts
T3	10.20	Yr 7 Girls	70m Hurdles	hts
T4	10.30	Yr 7 Boys	75m Hurdles	hts
T5	10.40	Yr 8 Girls	75m Hurdles	hts
T6	10.50	Yr 8 Boys	80m Hurdles	hts
T7	11.00	Yr 7 Boys	1500m	F
T8	11.10	Yr 7 Girls	1500m	F
T9	11.15	Yr 8 Boys	80m Hurdles	F
T10	11.20	Yr 8 Girls	75m Hurdles	F
T11	11.25	Yr 7 Boys	75m Hurdles	F
T12	11.30	Yr 7 Girls	70m Hurdles	F
T13	11.35	Yr 6 Boys	60m Hurdles	F
T14	11.40	Yr 6 Girls	60m Hurdles	F
T15	11.45	Yr 8 Boys	1500m	F
T16	11.55	Yr 6 Girls	80m	hts
T17	12.05	Yr 6 Boys	80m	hts
T18	12.10	Yr 7 Girls	100m	hts
T19	12.15	Yr 7 Boys	100m	hts
T20	12.20	Yr 8 Girls	100m	hts
T21	12.25	Yr 8 Boys	100m	hts
T22	12.30	Yr 7 Boys	300m	hts
T23	12.40	Yr 8 Boys	300m	hts
T24	12.45	Y 8 Girls	300m	hts
T25	12.50	Yr 6 Girls	800m	F
T26	12.55	Yr 6 Boys	800m	F
T27	13.00	Yr 7 Girls	200m Heats	hts
T28	13.05	Yr 7 Boys	200m Heats	hts
T29	13.10	Yr 8 Girls	200m Heats	hts
T30	13.15	Yr 8 Boys	200m Heats	hts
T31	13.25	Yr 7 Girls	800m Final	F
T32	13.30	Yr 7 Boys	800m Final	F
T33	13.35	Yr 6 Girls	80m Final	F
T34	13.38	Yr 6 Boys	80m Final	F
T35	13.41	Yr 7 Girls	100m Final	F
T36	13.44	Yr 7 Boys	100m Final	F
T37	13.47	Yr 8 Girls	100m Final	F
T38	13.50	Yr 8 Boys	100m Final	F
T39	14.00	Yr 8 Girls	800m	F
T40	14.05	Yr 8 Boys	800m	F
T41	14.10	Yr 7 Girls	200m Final	F
T42	14.13	Yr 7 Boys	200m Final	F
T43	14.16	Yr 8 Girls	200m Final	F
T44	14.19	Yr 8 Boys	200m Final	F
T45	14.25	Yr 7 Boys	300m Final	F
T46	14.30	Yr 8 Boys	300m Final	F
T47	14.32	Y 8 Girls	300m Final	F
T48	14.35	Yr 8 Girls	1500m Final	F
T49	14.40	Yr 6 Girls	Relay Final - 5 x 80m	F
T50	14.44	Yr 6 Boys	Relay Final - 5 x 80m	F
T51	14.48	Yr 7 Girls	Relay Final - 4 x 100m	F
T52	14.52	Yr 7 Boys	Relay Final - 4 x 100m	F
T53	14.56	Yr 8 Girls	Relay Final - 4 x 100m	F
T54	15.00	Yr 8 Boys	Relay Final - 4 x 100m	F

FIELD				Final
no	time	age	event	
F1	10.00	Yr 8 Boys	Hammer - 3k	F
F2	10.00	Yr 8 Girls	Hammer - 3k	F
F3	10.00	Yr 8 Boys	Pole Vault	F
F4	10.00	Yr 8 Girls	Pole Vault	F
F5	10.00	Yr 6 Boys	High Jump	F
F6	10.00	Yr 6 Girls	Long Jump	F
F7	10.00	Yr 8 Boys	Triple Jump	F
F8	10.00	Yr 8 Girls	Shot- 3k	F
F9	10.00	Yr 6 Boys	Cricket Ball - 5ozs	F
F10	10.00	Yr 6 Girls	Cricket Ball - 5ozs	F
F11	10.45	Yr 7 Girls	Long Jump	F
F12	10.50	Yr 6 Girls	High Jump	F
F13	11.00	Yr 7 Girls	Shot- 2.72kg	F
F14	11.00	Yr 8 Girls	Discus- 1.00kg	F
F15	11.00	Yr 8 Boys	Javelin- 600gms	F
F16	11.30	Yr 6 Boys	Long Jump	F
F17	11.40	Yr 8 Boys	High Jump	F
F18	12.00	Yr 8 Boys	Shot- 3.00kg	F
F19	12.00	Yr 7 Boys	Discus- 1.00kg	F
F20	12.00	Yr 7 Girls	Javelin- 400gms	F
F21	12.15	Yr 7 Boys	Long Jump	F
F22	12.30	Yr 7 Girls	High Jump	F
F23	13.00	Yr 8 Girls	Long Jump	F
F24	13.00	Yr 7 Boys	Shot- 3.00kg	F
F25	13.00	Yr 8 Boys	Discus- 1.25kg	F
F26	13.00	Yr 8 Girls	Javelin- 500gms	F
F27	13.20	Yr 7 Boys	High Jump	F
F28	13.45	Yr 8 Boys	Long Jump	F
F29	13.45	Yr 7 Girls	Discus- 0.75kg	F
F30	13.45	Yr 7 Boys	Javelin- 400gms	F
F31	14.00	Yr 8 Girls	High Jump	F

Track:

Hurdles / 100m / 200m / 300m
Fastest 8 to qualify for the final
(timed to 1/100th of a second)

Field:

Maximum of 4 attempts

High Jump - maximum of 7 attempts,
or 3 successive failures

Entry:

Y6(Y5) - 1 EVENT + RELAY

Y7 - 2 EVENTS + RELAY

Y8 - 2 EVENTS + RELAY

NB 800m & 1500m NOT ALLOWED
100m & 200m NOT ADVISED